



<https://sunshinecoastcameraclub.ca/>

Newsletter September 2025

You are receiving this email because you are either a Sunshine Coast Camera Club member or have a possible interest in the club. Join us for a couple of meetings to see if you'd like to become a club member.

Club Notes

Video Available: Cody Schultz –Starting the Conversation: A Walk with Mental Health	1
Get your submissions in for our Members' Review Meeting on September 16 th	2
Sechelt Library Exhibition Refresh	2
Photographic Competitions 2025-26	2
CAPA Annual Photo Walk Day	3
Club Photo Walks	4
Photo Opportunity at Raven's Cry Theatre	4
Members' Mini-shows	5
London Drugs Discount Agreement – 30% off on most processing	5
Use our IGA Cards; help keep Club Fees low.....	6
Club Membership.....	6
Photo Submission Guidelines	6
2025-26 Program Overview	7

[Video Available: Cody Schultz –Starting the Conversation: A Walk with Mental Health](#)

In case you were unable to join our meeting last Tuesday evening, here is a link to Cody's talk:

https://drive.google.com/file/d/1vVtYD2vj-xL9pJQMUse-xWDfBRxIWL9/view?usp=drive_link .

Based on that presentation, one of our members' review themes is to show photos about which you might speak of the role of photography in mental health; perhaps your own, if you feel comfortable about that. We have chosen another theme as well to which may find easier to contribute: your favourite photos of the last 5 months or so and tell us why it is your favourite.

Get your submissions in for our [Members' Review Meeting on September 16th](#)

There are two themes for the in-person members' review meeting on September 16th:

1. images about which you can speak of experiences of photography and mental health.
2. your favourite or most significant images from the last 5 months which you can discuss with us.

Please submit up to 2 images in either or both of the categories to **Phil Harrison** (thebigph@gmail.com), by Friday September 12th. Please use the image specifications indicated at the [end of the newsletter](#), and indicate to Phil which photos are for which themes with the keywords "Health" or "Fav" in the filename.

[Sechelt Library Exhibition Refresh](#)

It's time to renew our exhibition of prints in the Sechelt Public Library. The theme for the new exhibit is "Creative Colour." Use your camera to create "non-real" images; it's wide open to use of Intentional Camera Movement, Multiple Exposures, and creative editing in post-processing. For ideas, have a look at Stephanie Johnson's [PowerPoint presentation](#) or the recording of the talk: [The Abstract World of ICM, Multiple Exposure and Creative Photography](#) which she gave to our club last year. The only rules are that all the work must belong to you; and that the image be in landscape orientation with an aspect ratio of 1:1.44 (the mat opening is 19.5" wide by 13.5" high).

Our timetable is:

- September 19th submit up to 3 images to Phil Harrison (thebigph@gmail.com)
- October 1st the selection committee will let the photographers know which images have been selected.
- October 10th prints are to be submitted
- Mid-October we will change the prints in the library.

Have some fun and submit your best!

We are still in need of members of the selection committee; contact Phil (thebigph@gmail.com) if you are interested. The club runs on volunteers; please consider helping out here.

[Photographic Competitions 2025-26](#)

MJ Leeden, our Competitions Coordinator, will manage our club submissions to the external photo competitions shown in the table below. The club may submit images from up to six club members. If MJ receives more than six submissions, she will seek an external independent judge to score the photos and she will submit the top six images.

Send your submissions to MJ at sccc.competitions@gmail.com with the subject indicating the theme e.g. "CAPA Monochrome - Nostalgia." Please follow these image specifications:

- The image should have a maximum width of 1400 and a maximum height of 1050 pixels.
- Name your image files with your name followed by a dash (-) followed by the image title; e.g. "Bruce Pond-Guardians.jpg".

If you want to see more details such as the definition for all the individual themes you can refer to the CAPA website at the following link: <https://capacanada.ca/capa-competitions/current-competitions-2/>

Competition	Theme	Deadline
CAPA ¹	Monochrome <ul style="list-style-type: none"> • Candid Person(s) • Natural Surroundings • Dramatic Contrast & Shadows • Nostalgia 	Nov 1 st
NSPS ²	North Shore Photographic Challenge - Open	Tentatively Jan 1 st
CAPA	Fine Art <ul style="list-style-type: none"> • Abstract • Landscape • Creative Vision • Still Life 	Jan 16 th
CAPA	Inspiration Open Colour <ul style="list-style-type: none"> • Man-Made Environments • Seasonal Transitions • Action & Motion • Cultural Events and • Close-Up 	Feb 14 th
CAPA	Canada My Country <ul style="list-style-type: none"> • Atlantic Zone • Pacific Zone • Prairie Zone • Ontario Zone • Quebec Zone 	Mar 16 th

¹ Canadian Association for Photographic Art

² North Shore Photographic Society

CAPA Annual Photo Walk Day

Janet Slater, who is Canadian Association for Photographic Arts (CAPA) District representative of the Sunshine Coast, is coordinating a local photo walk as part of the first Annual CAPA Photo Walk event on Saturday September 20th. We will meet at 10AM at Porpoise Bay Provincial Park in the first parking lot. Afterwards we plan to meet for coffee at Juno's which is located at the northeast entrance to Trail Bay Mall. Everyone is invited to join — CAPA members, non-members, photo clubs, camera enthusiasts, and curious beginners alike; invite your family and friends to join us. Participants must register; here is the link to the [CAPA Photo Walk Registration page](#).

To help celebrate this initiative, CAPA is offering a limited-time, 20% discount on new individual memberships for non-members who participate in the walk. Janet will have more to say about this at our September 16th in-person meeting.

You will be encouraged to submit some of your images to CAPA to be considered for showcasing in the winter issue of the CAPA magazine. [Click here](#) for more information about this new CAPA event

Club Photo Walks

Natalya Gunde is our Photo-walk Coordinator this year!! Here is note from her about the first photo walk:

Phil managed to talk me into doing some field trips/photo walks this coming season. They will all be in the Sechelt and Gibsons area which we all have photographed to death. So, what to do, is there nothing new to photograph?

But thanks to Laura we had some wonderful zoom presentations last season with excellent ideas, and we can use some of those ideas to experiment and practice our own photography. Examples as reminders: long exposures, using filters, multiple exposures, ICM, small scenes, lines, abstract, different lenses and of course simplify, simplify, simplify.

Set your own goals and I will suggest location and time.

Our first photo walk will be Big Tree Recreational Park at 10AM on Sunday September 28.

Big Tree turnoff is marked on Highway 101 about 400m before Trout Lake. Follow the logging road for approximately 3 km to the parking area. The road is in good condition but has some potholes; it's not a racing track.

The hike into Big Tree takes about 10 – 15 min and is all level (wheelchair accessible).

Please let me know if you are interested, my email is natalya38@gmail.com. I will be away most of September so my reply maybe slow.

Natalya

Photo Opportunity at Raven's Cry Theatre

Last year Phil Harrison, our Vice President, asked Raven's Cry Theatre whether they would be interested in displaying some of our work on the screen prior to showing movies. This was their response:

We are always accepting submissions from local artists! The specs are very basic - ideally in a photo format (png, jpg) with a 16:9 widescreen aspect ratio. Minimum size is 1920x1080p, but it can be bigger as long as it fits the aspect ratio. If you want anything on the slide, please add it before you send - we literally drop them into our slide show, we don't add or alter anything.

I can't guarantee that everything we get will be shown but we try to be fair and rotate them as they come in (gives our audiences fresh material as well :)

So:

- submit your photos by email to Jen at Raven's Cry Theatre info@ravenscrytheatre.com
- Jpg or png format.
- 16:9 aspect ratio, at least 1920x1080 pixels.
- Add watermarks or identification logos etc. yourself before submitting your photo.

Phil has submitted a photo which they have shown; and he has heard back independently from a movie-goer who recognised his work.

Members' Mini-shows

We encourage our members to make short presentations on topics of interest to them and our club members. These might include:

- My Relationship to Photography
- Body of Work
- Photo Trip Showcase – show us your style, and your perception of a place and people.
- A particular project – show us you solved a problem, or used a new technique or went from vision, through shutter release, to final image.
- Photos from a workshop

These illustrated talks would usually be about 15 minutes long, either as a video or as a narrated slide show. Please contact Phil Harrison, Bruce Pond, or Laura Maddalozzo if you would like to make a presentation to the club. We look forward to hearing from you.

London Drugs Discount Agreement – 30% off on most processing

Our club has an agreement with London Drugs that gives members a 30% discount on most processing at the Gibsons store. The agreement also includes a 10% discount on most equipment and printer supplies. The discount does not apply to work which London Drugs contracts out, e.g. slide and photo scanning.

You must be a paid member to participate; we have recently sent London Drugs a list of our members' names. Once your name is on the list at the Gibsons store, you are set to receive the discount. Go to the photo counter, indicate that you are a member of the Sunshine Coast Camera Club and wish to receive the discount. The staff person may have to call a manager, and you will need to show ID, which they will check against the list of members names. If there are questions or wrinkles to work out, get in touch with Bruce Pond (705-772-9438) or Phil Harrison.

P.S. Use of that discount last year for prints and photo calendars more than paid for my club membership fee!

Use our IGA Cards; help keep Club Fees low.

If our club members use IGA cash cards, the club receives a percentage back. Last year this amounted to more than \$350. Even if you don't usually shop at IGA in Wilson Creek or Gibsons, step in sometime and use the card to buy even a few items; every little bit helps.

If you don't have an IGA card, please get in touch Nancy Nederlof (nnederlo@gmail.com); she has a stack of them. You "load" them with your funds, by cash or credit or debit card, at a cashier, or the service desk, and then pay for groceries with the card. When the balance on the card gets low, see a cashier about reloading it. It's simple and helps the club.

Club Membership

Club members may attend meetings, participate in photo walks, submit images to member review nights and external competitions, display photos at the Sechelt library, join the club Facebook Group (we will remove non-members from the FB Group in January), submit photos to post on the club Instagram account (@sunshinecoastcameraclub) and, new this year, receive discounts on processing and equipment at the Gibsons London Drugs store. If you missed it, See the story [above](#)

Non-members are welcome to attend up to 2 meetings and receive the newsletter. Membership fees are \$45 for the year and \$25 for the half year from January 1st until June. If you wish to join the club, please send the fee to the club using one of the following options:

1. Interac e-transfer
 - to sunshinecoastcameraclub@gmail.com
 - mark it 'membership fees 2025-26'.
 - This has been set up for auto deposit, so no security question will be required.
2. Cheque
 - payable to "Sunshine Coast Camera Club"
 - send to: Membership Coordinator, SCCC,
Nancy Nederlof
6340 Samron Road,
Sechelt V7Z 0N6

For either method of payment, Nancy will issue electronic receipts via email.

Photo Submission Guidelines

We use the same photo submission guidelines for our member review photo shows as CAPA requires for competition entries. Here they are:

- The image should have a maximum width of 1400 and a maximum height of 1050 pixels.
- Name your image files with your name followed by a dash (-) followed by the theme keyword e.g. "Health" or "Fav" followed by a dash, and then the image title; e.g. "Bruce Pond-Fav-Guardians.jpg".
- **This month Submit your images images to Phil Harrison (thenbigph@gmail.com) with the "September Members' Review" in the subject line.**

2025-26 Program Overview



Sunshine Coast Camera Club

(All meetings start at 7PM, unless otherwise indicated in the program)

Yellow highlight indicates a Zoom meeting.

Blue highlight indicates an in-person meeting at the Port Stalashen Clubhouse, Wilson Creek

Date	Presenter	Date	Member Review Theme
2-Sep-2025	Cody Schultz – Starting the Conversation: A Walk with Mental Health https://codyschultz.com/	16-Sep-2025	<ul style="list-style-type: none"> Your photography and mental health. or Your favourite or most significant images from the last 4 months <hr/> Janet Slater – CAPA Presentation
7-Oct-2025	Chuck Kimmerle – From Field to Print https://www.chuckkimmerle.com/	21-Oct-2025	Black and White
4-Nov-2025	Carolyn Watson – Sixteen Miles Out: Still Life Cultivated https://www.carolynvwatson.com/	18-Nov-2025	Still life
2-Dec-2025	Dave Hutchison – From Inspiration to Publication: The Making of “Vancouver Island: The Art of the Landscape” https://www.davehutchisonphotography.com/		
Sunday 14-Dec-2025 (1PM)	Joel Robison https://www.joelrobison.com/	16-Dec-2025	Social
6-Jan-2026	Minimalism member review At Port Stalashen Clubhouse.	20-Jan-2026	Stefan Gerrits: Minimalism through High Key & Low Key Photography https://www.stefangerrits.com/
3-Feb-2026	Bruce Murphy – Floral Composites www.threads.com @brucemurphyart	17-Feb-2026	Floral Composites
3-Mar-2026	Glenn Bartley – Bird Photography Simplified www.glennbartley.com/	17-Mar-2026	Wildlife/Birds

Yellow highlight indicates a Zoom meeting.

Blue highlight indicates an in-person meeting at the Port Stalashen Clubhouse, Wilson Creek

Date	Presenter	Date	Member Review Theme
7-Apr-2026	Jessie Johnson – Behind the Scenes: Wildlife filmmaking in Antarctica https://jessejohnson19.mypixieset.com/	21-Apr-2026	Intimate landscapes
5-May-2026	Randall Romano – Documentary Street Photography https://www.randallromano.com/	19-May-2026	Street/Urban
2-Jun-2026	Member Showcase (curate up to 10 images as a portfolio or to represent an aesthetic)	16-Jun-2026	Social

Access to the Port Stalashen Clubhouse (1585 Field Road) is via the enterphone just before the gate. Come to the gate, dial **3161** on the enterphone, which will connect to Karen Abrahamson's phone; she will let you in. Consider parking in the parking area by the causeway, walk to the gate and use the enterphone. If there is an issue, call Karen at 604-240-1450.