



<https://sunshinecoastcameraclub.ca/>

Newsletter March 2026 Issue I

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In-person Members' Review etc. March 17th - Nonliteral and Abstract Images

Although some of our members are at ease and well-practiced in making non-literal and abstract images, this is unfamiliar and challenging territory for many of us. Beth Buelow did a great job of introducing and teaching about this genre with her talk "Approaching Abstraction: Ways of Seeing, Creating, Processing, and Presenting," She covered the topic thoughtfully and accessibly, with discussion ranging from concepts and approaches to offering very practical tips.



Literal



Non-literal

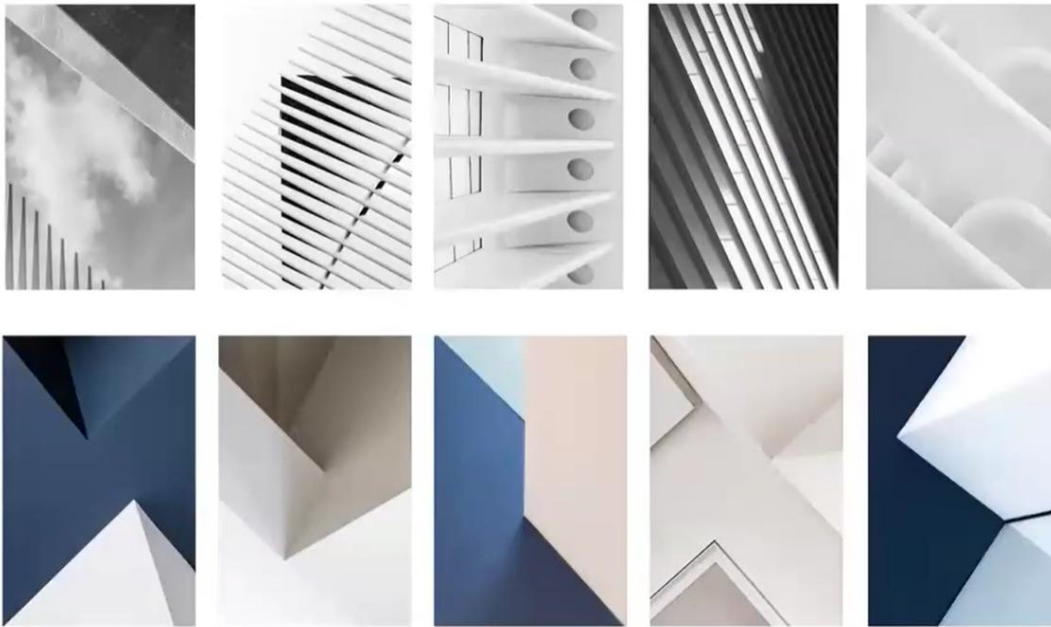


Abstract

Her talk is at: <https://drive.google.com/file/d/1l6mKCGfzzMfZnjvxn0Aj2msojVDEDk6F/>.

Do have a look; you can browse it relatively quickly by speeding up the video, and/or jumping ahead with the right arrow or the fast forward button: 

We are inviting you to take up the challenge, try out some of her ideas, and share them with us for our March 17th meeting. You might consider creating a “Set,” (or collage) as Beth describes beginning at 1:34:55 in the video; she also proposes an “Abstraction Exercise” beginning at 1:36:40, try that if you are looking for a defined challenge.



Send up to four images files to me (millpondsailor@gmail.com) by first thing on the morning of Monday the 16th (earlier if you can); as usual please follow the [photo submission guidelines](#). If you are interested in participating in the Coaching Conversation part of the review, indicate with the word “Coaching” added to your email subject line.

Have fun!

CAPA Competition: “Canada My Country”

Our next club competition is the CAPA “Canada My Country” photo competition. Themes are:

- Atlantic (New Brunswick, Nova Scotia, Newfoundland & Labrador & Prince Edward Island)
- Pacific (British Columbia & Yukon)
- Prairie (Alberta, Manitoba, Saskatchewan & Northwest Territory)
- Ontario (includes Nunavut Territory)
- Quebec.

The following description is from the CAPA competition website:

*This annual competition celebrates the rich diversity of **People** and **Places** across our nation. This year, we want to showcase the People who call Canada home. and the varied Landscapes which surround us.*

Landscape – from the Atlantic coast to the Pacific coast to our Far North, your submitted photographs should showcase our beautiful country and its vast riches of natural and man-made wonders.

People – images of individuals who call Canada home, photographed in their daily activities, street scenes, workplaces, formal settings, community gatherings, and the varied environment

More details at: <https://capacanada.ca/2026-canada-my-country-competition/>. Last year’s winning images: <https://capacanada.ca/competition-winners-2025-canada-my-country-club-competition/>

The deadline for submissions is Friday March 27th. Please submit to MJ at sccc.competitions@gmail.com. For more information check out MJ's email of 15th February 2026 at 9:48AM

Coaching for Competition: If you are interested in receiving comments on images that you wish to submit for competition, perhaps on choosing the “best” of three, or checking in on questions you might have about composition, contrast, title, etc. send your images to Bruce Pond, (millpondsailor@gmail.com) with the subject line “Coaching for Competition” by early morning of March 16th and we will have a “conversation” about them at our meeting on March 17th.

Competition	Theme	Deadline
CAPA ¹	Canada My Country • Atlantic Zone • Pacific Zone • Prairie Zone • Ontario Zone • Quebec Zone	Mar 27 rd

¹ Canadian Association for Photographic Art

Invitation for Member Slideshows

We would like to get to know more about what our members have been doing photographically. If you have a show or would like to put together a show to share and discuss at a club meeting, then let us know. It might be on

- your relationship to photography
- a trip or expedition around the world or across Howe Sound – show us your style, and your perception of a place and people.
- results from a workshop
- a body of your work or portfolio on a theme, or just images you like.
- a project – show us how you solved a problem, produced a product, experimented with a new technique or genre, or went from vision, through shutter release, to final image.

This is an experiment itself; initially we're thinking from 3 to 12 minutes in length. If you need more time for your idea, please get in touch to discuss scheduling.

If you have something you would like to show and perhaps talk about, please let me know (millpondsailor@gmail.com) and send it along. If it is just a twinkle in your eye at this point, tell me what you have in mind, and when it might be ready and we can work on scheduling.

Canadian Photography Conference 2026 – Calgary (or online) July 13-16

Registration is now open for the Canadian Photography Conference, co-sponsored by CAPA and the Foothills Camera Club. “Experience how our shared love of photography can connect, inspire, and equip us to share our nation's stories. Calgary's vibrant culture and natural beauty will make this conference not just an event, but an experience you'll carry with you long after.

- Meet and mingle with photographers from across the country
- Explore Calgary's local arts scene and breathtaking landscapes
- Be part of the conversations, workshops, and celebrations as they unfold
- Experience a diverse and dynamic part of the Canadian landscape with excursions to a variety of locations unique to the Canadian West
- Access special in-person Basic Training for New Judges Course - July 17 & 18

For the first time ever, the conference is going **hybrid!** If you can't make it to Calgary, you can still join virtually with live-stream access and 12 months of on-demand recordings."

Have a look and consider registering at: <https://www.canadianphotographyconference.ca/>

Club Membership

If you are interested in joining the club, please visit the membership page on our club website: <https://sunshinecoastcameraclub.ca/membership/>

Photo Submission Guidelines

We use photo submission guidelines for our member review photo shows which are very similar to those required for entries in Canadian Association for Photographic Arts. (Please see the CAPA Competitions webpage for those details: <https://capacanada.ca/capa-competitions/>).

These are the guidelines our club currently uses:

- The image should have a maximum width of 1400 and a maximum height of 1050 pixels.
 - If you are submitting a **phone photo** that has not been processed on a computer, send it by email as an attachment using an image size of "Large" for iPhone, if you've got an Android, send one size less than "Actual Size" (we're working on this).
- Name your image files with your name followed by a dash (-)the image title; e.g. "Bruce Pond-Guardians.jpg".
 - If you wish to indicate the order in which your photo should be presented, please include a sequence number after your name e.g.
 - Bruce Pond-01-Contemplate
 - Bruce Pond-02-Honour
 - Bruce Pond-03-Wait
- Submit the images to Bruce Pond (millpondsailor@gmail.com) with the theme keyword in the subject line, e.g. Light Painting.
 - If you wish your submission to be reviewed in our "Coaching Conversation," as opposed to simply a review showing with no comments, then please include the keyword "Coaching" in your subject line and text e.g. Light Painting - Coaching
- No element in the photo can have been created by "Generative Artificial Intelligence Tools" as defined by CAPA. See the CAPA website for details: <https://capacanada.ca/updated-ai-requirements-on-capa-competitions/>

2025-26 Program Overview



(All meetings start at 7PM, unless otherwise indicated in the program)

Tan highlight indicates a Zoom meeting.

Yellow indicates "not a Tuesday"

Blue highlight indicates an in-person meeting at the Port Stalashen Clubhouse, Wilson Creek

Date	Presenter	Date	Member Review Theme
3-Mar-2026	Beth Buelow – Approaching Abstraction: Ways of Seeing, Creating, Processing, and Presenting https://www.bethbuelowphotography.com/	17-Mar-2026	Member Theme: Non-literal/Abstracts inspired by Beth's talk. Competition Conversation: CAPA Canada My Country Members' Showcases: MJ Leeden: Tiny Life of Bill Murray's "Scrooged" Nancy Nederlof: Botswana – Best of the Chobe Wildlife Photo Tour Other offers??
Friday, 27-Mar-2026 6:30PM	Larry Louie – The Voice of My Camera: A Retrospective Dr. Louie, will show work from Bangladesh, Nepal, the Philippines, and new environmental portraits from Edmonton. His images highlight resilience, social issues, and humanitarian work.		
7-Apr-2026	Jessie Johnson – Behind the Scenes: Wildlife filmmaking in Antarctica?? https://jessejohnson19.mypixieset.com/	21-Apr-2026	Wildlife/Birds
5-May-2026	Randall Romano – Documentary Street Photography https://www.randallromano.com/	19-May-2026	Street/Urban
Friday 8-May-2026 6:30PM	Manpreet Sokhi – Tigers in India with Editing Tips & Tricks Manpreet will present his tiger photos from India, discussing challenges and sharing practical editing techniques to maximize image impact.		
2-Jun-2026	Member Showcase	16-Jun-2026	Social

Access to the Port Stalashen Clubhouse (1585 Field Road) is via the enterphone just before the gate. Come to the gate, dial **3161** on the enterphone, which will connect to Karen Abrahamson's phone; she will let you in. Consider parking in the parking area by the causeway, walk to the gate and use the enterphone. If there is an issue, call Karen at 604-240-1450.